

How does what you believe interface with what you _____ and what you _____?

2. Rest was not an indulgence, it was a _____.

1 Thess 5:23-24 MSG

May God himself, the God who makes everything holy and whole, make you holy and _____ put you together—spirit, soul, and body—and keep you fit for the coming of our Master, Jesus Christ. The One who called you is completely dependable. If he said it, he'll do it!

You have _____ needs.

You have _____ needs.

You have _____ needs.

Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your _____. (1 Corinthians 6:19-20)

Perhaps God wants to _____ with you for your health and healing.

H.A.L.T.



HUNGRY



ANGRY



LONELY



TIED

Rest involves drawing _____ to God and closer to each other.

You know you're doing rest right if you come away _____.

If you're tired, learn to rest not to _____.